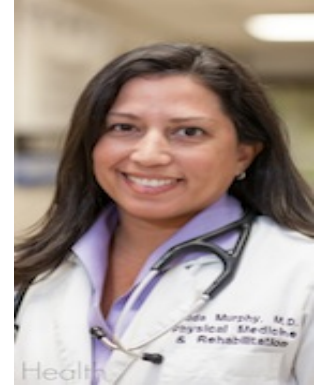


Shands Rehab / OSMI (Med R3)

Evaluating Attending: Wilda Murphy, MD
Medical Director, [Shands Rehab Hospital](#)



Welcome students,

You will spend two weeks primarily with my team and I, as well as the UF Orthopaedic and Sports Medicine Institute (OSMI).

Fridays will be at HPNP in the morning and the VA in the afternoon.

Please carefully review all instructions prior to arriving.

Please direct all schedule and E-learning questions to the course coordinator.

Locations

Mon – Thurs, starting first Monday at 6:30 am (pre-round)

Shands Rehab Hospital, 4101 NW 89th Blvd, Gainesville, 32606

(352) 265-8938, <https://ufhealth.org/uf-health-shands-rehab-hospital>

PARKING: free, no UF decal required



Tues/Thurs afternoons, 1-5 pm

UF Health Rehab Center, [Orthopaedic and Sports Medicine Institute \(OSMI\)](https://ufhealth.org/shands-rehab-center-orthopaedics-and-sports-medicine-institute), 3450 SW Hull Rd, Gvl, 32607

(352) 273-7461, <https://ufhealth.org/shands-rehab-center-orthopaedics-and-sports-medicine-institute>

PARKING: Commuter lot (Park & Ride #2) with any UF decal, west of OSMI by the bus loop. Do not park in the first lot for visitors / staff behind the bldg (except for Motorcycle/Scooter). If this is full, use Park and Ride #1, near the museums, east of 34th St on Hull Rd. **Contact assistant Mrs. Mary Ellen Paulk for guidance.**



Fridays: See syllabus, page 2, table 2 for details.

Mornings: COM QI with Dr. Black at UF HPNP 301A, 9am - Noon

Afternoons: Rehab case conferences with course leadership at the GVL

Shands Rehab Hospital

Our facility is a 40-bed acute rehab hospital for patients who have suffered strokes, traumatic brain and spinal cord injuries, amputations, burns or major joint replacements. Students will manage medical problems and will learn how to function as part of an interdisciplinary health team.

Therapies include Physical Therapy, Occupational Therapy, Speech and Language Pathology, Clinical Psychology, Case Management, and Diet.



Schedule notes

Two primary foci

Week 1) Falls and Dysmobility

Week 2) Major Neurocognitive Disorders in the Elderly

[Rehab Hospital](#): 1st Monday by 6:30 am report to the nursing station and ask for Dr. Murphy or Dr. Leber.

*Start time varies by attending & your weekly schedule. They will assign when you arrive Monday who is on track 1 or 2. Switch in week 2.

[OSMI](#): Non-Operative Sports/Musculoskeletal Medicine at TC5, check in 2nd floor, eastside front desk.

Usually Tues with Dr. Zaremski and Thurs with Dr. Perez.

*SEE detailed site [schedule posted in Canvas](#).

Mandatory FRIDAYS in Gainesville

Rehabilitation

Mornings: 9 – Noon, COM Quality Improvement (QI) at UF, HPNP G301A with Dr. Black

Afternoon :

- ☐ Week 1 (of rehab block), 3 – 5pm, Falls and Dysmobility, PT/OT
 - ☐ Meet at GRECC T2 (Geriatric Research Education and Clinical Center)
 - ☐ Use rear entrance
- ☐ Week 2 (of rehab block) 12:45pm – 3 pm, Dementia Tour
 - ☐ Meet in VA main lobby then proceed to 2nd floor SIM Lab
 - ☐ Neurocognitive Disorders Didactic session at T2



GRECC/T2, south of Shands South Tower, use rear entrance.

Typical weekly schedule

	Student #1	Attending
6:30 AM	MONDAY Arrive by 6:30am, assignment to schedule 1 or 2, follow alternate schedule in week 2	TBD
7:00 AM	Pre-round, Round	Murphy
1:00 PM	Assist new patient admissions, write progress notes, work on GICS, follow pts in therapy, get familiar with assigned patients	
DUE	*Review GICS practice case (Mr. Hudson), FIM, articles	
DUE	Get 2-4 patients to follow (2 for GICS), Write daily notes	
	<u>TUESDAY</u>	
7:00 AM	Pre-round, Round	Murphy
8:30	Team Conference for Stroke patients	Murphy
	Complete daily work	
1:00 PM	OSMI Non-Operative Sports / Musculoskeletal Medicine (2nd floor, east)	Zaremski
	<u>WEDNESDAY</u>	
7:00 AM	Pre-round, Round	Murphy
	Patients, daily notes	
1:00 PM	Assist w/ admissions	
	Follow patients in therapy; complete daily notes	
DUE	*W1 Review GICS with MD, formative feedback	Murphy
DUE	*W1 Falls Learning module due – upload in Studycore	
DUE	W2: GICS follow up, summative feedback, Dementia Quiz	
	<u>THURSDAY</u>	
7:00 AM	Pre-round, Round	Murphy
8:30	Team conference Brain Injury	Murphy
	Patients, Follow patients in therapy	
	Complete daily work	
1:30 PM	OSMI Non-Operative Sports / Musculoskeletal Medicine (2nd floor, east)	Alvarez-Perez
	<u>FRIDAY</u>	
9 – 12 AM	COM QI Training at UF HPNP	Black
3 - 5 PM	W1: Small Group (Falls) Gvl VA/GRECC conference room, Trailer T-2	Meuleman
12:45 - 3pm	W2: Small Group Virtual Dementia Tour (Neuro) meet at Gvl VA lobby.	Hincapie

	Student #2	Attending
6:30 AM	MONDAY Arrive by 6:30am, assignment to schedule 1 or 2, follow alternate schedule in week 2	TBD
6:30 AM	Round	Puente
1:00 PM	Assist new patient admissions, write progress notes, work on GICS, follow pts in therapy, get familiar with assigned patients	
DUE	*Review GICS practice case (Mr. Hudson), FIM, articles	
DUE	Get 2-4 patients to follow (2 for GICS), Write daily notes	
	<u>TUESDAY</u>	
7:00 AM	Round	Leber
	Team Conference Ortho patients	Leber
	Complete daily work	
1:00 PM	OSMI Non-Operative Sports / Musculoskeletal Medicine (2nd floor, east)	Zaremski
	<u>WEDNESDAY</u>	
6:30 AM	Pre-round, Round, then Team Conference Spine Injury	Puente
	Patients, daily notes	
1:00 PM	Assist w/ admissions	
	Follow patients in therapy; complete daily notes	
DUE	*W1 Review GICS with MD, formative feedback	Murphy
DUE	*W1 Falls Learning module due – upload in Studycore	
DUE	W2: GICS follow up, summative feedback, Dementia Quiz	
	<u>THURSDAY</u>	
7:00 AM	Round	Leber
	Follow patients in therapy	
	Complete daily work	
1:30 PM	OSMI Non-Operative Sports / Musculoskeletal Medicine (2nd floor, east)	Alvarez-Perez
	<u>FRIDAY</u>	
9 – 12 AM	COM QI Training at UF HPNP	Black
3 - 5 PM	W1 Small Group (Falls) Gvl VA/GRECC conference room, Trailer T-2	Meuleman
12:45 - 3pm	W2: Small Group Virtual Dementia Tour (Neuro) meet at Gvl VA lobby.	Hincapie

REHAB Assignments

Required (see checklist)

GICS: Instruction and Practice Case, 2 patients (initial week 1 and follow up week 2)

Online quizzes (2) Falls, Dementia

Identify potential for error in transition of care from hospital to rehab or rehab to home including in discharge summary documentation and medication reconciliation.

Falls and Dementia Tools packets

[FIM disability measurement instrument](#)

Observe 1 SLP (speech language) session

Perform a [Clock Draw Test](#)

Observe 1 PT or OT session

See additional Learning Activities, Objectives and Daily Procedures in syllabus on page 12

Rehab: Geriatrics Interdisciplinary Care Summary

(GICS) Pick 2 patients to assess and follow up asap

SHANDS REHAB MAY REQUIRE 1 DAY EARLIER Due to Thursday pm at OSMI

GICS Title	Deadline for submission to the preceptor	Deadline for receiving preceptor formative feedback	Deadline for receiving preceptor summative feedback	Evaluated for the final grade?	Need to E-mail file to Clerkship Coordinator?
Mr. Hudson's Initial Visit (Practice)*Page 5	Submission not required; Self-study within first 2 days	Fill out for practice. See key for answers.	See key for answers.	No	No
Real Patient 1 Initial Visit	Wednesday of Week 1	Thursday morning of Week 1	N/A	No	No
Real Patient 2 Initial Visit	Wednesday of Week 1	Thursday morning of Week 1	N/A	No	No
Real Patient 1 One-Week Follow-Up Visit	Wednesday of Week 2	N/A	Thursday morning of Week 2	Yes	No
Real Patient 2 One-Week Follow-Up Visit	Wednesday of Week 2	N/A	Thursday morning of Week 2	Yes	No

It is **your responsibility** to review instructions posted, submit the GICS in time and arrange meetings with Dr. Murphy to receive feedback.

<https://ufhealth.org/uf-health-shands-rehabilitation-hospital/our-team>

Rehab Learning Activities and Objectives

See syllabus page 11

- The student will evaluate frail elders in an acute-care rehabilitative, sub-acute rehabilitative or long-term care with rehabilitation setting, divided into two primary foci
 - the focus of the first week will be Falls and Dismobility
 - the focus of the second week will be Major Neurocognitive Disorders in the Elderly.
- The majority of students' time from Monday through Thursday each week will be spent at the assigned facility.
- Students will manage medical problems and will learn how to function as part of an interdisciplinary health team. Identify transfer of care issues and areas of potential errors including poor documentation on discharge summaries and medication reconciliation errors.
- Assess and describe baseline and current functional abilities in an older patient by collecting historical data from multiple sources, making sure to include the [Katz activities of daily living](#) and [Lawton instrumental activities of daily living](#) and, and performing hearing and vision screenings.
- Develop a preliminary management plan for patients presenting with functional deficits, including adaptive interventions and involvement of interdisciplinary team members from appropriate disciplines, such as social work, nursing, rehabilitation, nutrition, and pharmacy.
- Identify and assess safety risks in the home environment, and make recommendations to mitigate these.
- Ask all patients > 65 years, or their caregivers, about falls in the last year, watch the patient rise from a chair and walk (or transfer), then record and interpret the findings.
- In a patient who has fallen, construct a differential diagnosis and evaluation plan that addresses the multiple etiologies identified by history, physical examination and functional assessment.

Rehab Daily Procedures

See syllabus page 11

- It is expected that on the first day students will pick up two existing patients and then admit new patients regularly until they achieve a maximum census of 6 patients. Every patient needs an H&P and at least twice-weekly progress notes or as required. H&Ps should be on the chart by the end of the day of admission.
- Students should pre-round on all their patients and be on time and prepared for work rounds.
- Typically, one faculty member at each site is responsible for completing the student Evaluation form based on a compilation of their assessment and the assessment of others who worked with the student (primarily other faculty and residents, although input from clinic staff, patients and peers will be considered when pertinent).

Contacts

Wilda Murphy, MD, Medical Director, Shands Rehab Hospital

Mobile: (352) 284-1414 (text preferred) murpwe@shands.ufl.edu

Assistant to Dr. Wilda Murphy, Mr. Glenn Gay, Phone: 352-338-2103, gaygm@shands.ufl.edu

Dr. Murphy's teaching faculty

Dr. Christopher Leber, leberdoc@aol.com

Dr. Rigoberto Puente-Guzman, rpunte@aol.com

OSMI teaching faculty

Tuesday afternoons Dr. Jason Zaremski, zaremj1@ortho.ufl.edu

Thursday afternoons Dr. Melissa Alvarez-Perez melissaalvarez@ufl.edu

OSMI Assistant Mrs. Mary Ellen Paulk paulkme@ortho.ufl.edu, (352) 273-7461

*See Canvas Rehab module for readings and assignments

*See syllabus for complete contacts, additional policies and expectations.