

# Geriatrics Palliative Rotation Orientation [MDC 7140]



*Dear fourth year student on Palliative and End of Life care week of your Geriatrics Clerkship, welcome....*

# Where to go on scheduled Monday?

- If assigned to the [Shands Palliative Care Consult team](#) please report to room 5130 in the main hospital (up atrium elevators to 5th floor, turn north, go through door, first door on left) at 8:30 am for interdisciplinary rounds. Contact on the consult service: Paula Turpening (352) 219-9641, [turpep@shands.ufl.edu](mailto:turpep@shands.ufl.edu)
  - If unable to reach – Dr. Sharon Gavin (352) 339-4221.
  - For more information on the consult team: <https://ufhealth.org/uf-health-palliative-care/overview>
- If assigned to the [Hospice of Marion County](#), please report to 3231 SW 34th Ave, Ocala, FL 34474 at 8:30 am. Contact for emergencies, Dr. Mery Lossada at (352) 873-7400. Assistant: Barbara Sandberg [bsandberg@hospiceofmarion.com](mailto:bsandberg@hospiceofmarion.com)  
<http://www.hospiceofmarion.com/>
- If assigned to [Haven Hospice](#) please report to 4200 NW 90th Boulevard, Gainesville, FL 32606 at 8 am. Contact for emergencies or site questions, Jean Ann Cannon (352) 692-5104  
[jcannon@havenhospice.org](mailto:jcannon@havenhospice.org)  
<http://www.havenhospice.org/>
- TRAVEL: Required 2-3 days on Hospice rotations. Be prepared to travel and conduct home visits as needed. Students assigned to one of the hospice care centers may be invited to assess patients in their homes along with the home care team.

# **Palliative Daily Procedures**

- Students will be expected to work up at least one new patient during the week and to follow several patients on the service, assisting in care, family conferences and writing notes.
- Round with clergy and social workers on the team as well as the physicians and nurse practitioners.
- You will be expected to complete a palliative reflection and presentation.
  - See examples and grading rubric on the course website

# Palliative Learning Activities and Objectives

## **(MK, PC, IC, SBP, EB)**

- Assess and treat patients near or at end-of-life.
- Discuss goals of care and advanced directives with patients and families.
- Assess pain and other symptoms such as nausea, constipation, and depression.
- Explore various pain medication regimens and methods of pain medication delivery as well as other medical and non-medical treatment plans.
- Learn the role of clergy and the role of hospice care.
- Be exposed to ethical issues in end of life care such as withdrawal or withholding of therapies and nutrition and fluids.
- Assess patients in their homes along with the home care team, (for those assigned to hospice centers.)
- Adjust management of pain and key non-pain symptoms based on patient's goals of care.
- Identify the psychological, social, and spiritual needs of patients with advanced illness and their family members, and link these identified needs with the appropriate interdisciplinary team members.
- Present palliative care (including hospice) as a positive, active treatment option for a patient with advanced disease.

At the end of the one week palliative care rotation  
students will be able to (MK) (SBP)

- Perform a patient assessment
- Create a care plan to address physical, psychological, social, practical and spiritual needs
- Discuss treatment withdrawal (antibiotics, hydration)
- Discuss advance directives with patients
- Discuss DNR orders
- Describe the members of a palliative care team
- Describe venues available to patients for palliative and end of life care
- Reflect on personal response to working with dying patients

# FRIDAYS

All students currently on the Palliative Care and Geriatric Medicine rotations will meet Fridays.

## 1st Friday of Medicine/Palliative Block

- 8am: Standardized Patients examination at UF Senior Care (Get up and Go, Mini Cog, Polypharmacy)
- 1pm: Quality Improvement (QI) group project and training with Dr. Black

## 2<sup>nd</sup> Friday of Medicine/Palliative Block

- 9am - Noon: QI session
- 1 -3pm: “End of Life Café”, meet with Dr. Hagen and other students. Be prepared to present your topic presentation and reflection to the group. Similar to a “Death Café” described <http://deathcafe.com/what>
- 3:30 – 5pm: Ethics Conference and assignment presentations

**Complete two assignments prior to the Friday afternoon Death conversation / conference (details in next two slides)**

1. Presentation on topic of interest to you in palliative and end of life care that you think your fellow students could learn from
2. Personal reflection on experience with death or dying

Turn the assignments in to Dr. Hagen electronically prior to 1 PM

[melhagen@ufl.edu](mailto:melhagen@ufl.edu)



## Palliative Assignments

**(DUE before palliative care conference)** See examples and grading rubric in orientation on course website.

- **Reflection:** Write a one page (minimum) reflection on personal reaction to working with dying patients using personal or professional experiences on this rotation or previous rotations.
- **Presentation:** Students will choose one topic in palliative care of interest to them, research the topic and complete a 10 minute presentation on their topic at the Friday small group. It should be either a 1 - 2 page paper or 5 - 10 PowerPoint slides. See orientation on course website for topic ideas.
- **Ethics Case Conference Assignment:** Due Wednesday prior to scheduled Friday.
  - Write a one page maximum summary of a case observed during this clerkship that raises ethical questions or issues and upload under the Ethics Module in e-Learning
  - Refer to assignment instructions, posted in the Ethics Canvas module.

# Palliative Assignment: Personal Reflection

- Reflect on any experience that you have had with death or dying.
- Write about a patient you saw during this week or any other experience with death or dying.
- Use REAP which parallels SOAP.
  1. What is your reaction to this dying patient, patient suffering or patient death? (or to a patient's family)
  2. What experiences have you had in the past that may have led to this reaction?
  3. How will your reactions affect your relationships with patients and practice of medicine in the future?
  4. What will help you to plan to care for such patients in the future?

## Assessment Criteria

-each of the above is 25% of reflection assignment grade



# Palliative Assignment: Topic Presentation

Chose a topic about palliative care, hospice or end of life care that you find interesting and that you think would also be useful for your fellow students as they start clinical practice next year.

## Assessment Criteria:

(each worth 25% of presentation score)

1. Chose appropriate topic and explained interest in choice of topic
2. Demonstrated evidence of research on topic
3. Explained topic well to peers
4. Summarized important points

# Palliative Potential presentation topics

## 1. Specific treatment issue

- I. Symptom control
- II. Nausea, constipation, fatigue, delirium, anxiety, depression, dyspnea
- III. Pain treatment

## 2. Ethical Issue

- I. Physician assisted suicide
- II. Family disagreement

## 3. Capacity

## 4. Spiritual Issue

## 5. Family Issue

- I. Cultural differences
- II. Family dynamics
- III. Family communication

## 6. Communication Methods

## 7. Prognosis

- I. Cancer
- II. Neurologic disease
- III. Cardiac disease
- IV. Respiratory disease
- V. Dementia

## 8. Any other topic of interest to you in palliative and end of life care

# Palliative Grading Criteria Clinical Evaluations


## Appendix 3) Palliative Medicine Evaluation:

Student Name \_\_\_\_\_ Date \_\_\_\_\_

Evaluator \_\_\_\_\_

Describe one area of strength:

Describe one area for suggested improvement:

Category	Description	Grade (Pass/Fail)
 <b>Professionalism</b>	Demonstrates respect, integrity, honesty, and compassion, seeks feedback, is responsible, mature, ethical	
<b>Patient Care</b>	Reviews patient record, integrates and presents to team coherently history and physical findings, serves as patient advocate	
<b>Systems based Practice</b>	Understands clinical and other patient resources, learns about social work, chaplaincy and hospice, reduces error, efficient	
<b>Practice-based learning</b>	Use scientific information and EBM to manage patients, takes Initiative, strives for autonomy	
<b>Medical Knowledge</b>	Differential diagnosis, wants to learn and to improve, able to correlate knowledge with clinical situation	
<b>Communication</b>	Listens to patients and families, explains information to patient and families without using jargon, sensitive to patient and family nonverbal communication. Communicates effectively with members of the patient's care team.	

## Friday Evaluations

- Reflection 40%
- Presentation 40%
- Participation in discussion 20%

# Ethics Case Conference Assignment

- Write a one page maximum summary of a case you have observed during the Geriatrics Clerkship that raises ethical questions or issues.
  - If there are legal implications in this case, discuss those as well.
  - Be sure to include a clear, concise statement of the ethical issue, as well as a summary of the important clinical facts in the case.
- In your write-up, analyze the ethical (and legal, where applicable) issue in your case and the impact you think the case will have on your development into a physician and on your practice as a future physician.
- The goal of this assignment is to think broadly about the impact of an ethical issue, not whether or not it can or cannot be resolved, so both poorly addressed and properly addressed cases are excellent topics to bring up for analysis and discussion.
- In your case summary, include a discussion of how the case was resolved and whether you believe a different outcome would have been optimal.
- **Please do not include patient identifiers or physician names in your write-up.**
- If you have any [questions about this assignment](#), or if you have difficulty finding an appropriate case to present, contact Bernie Amaro, Academic Assistant in the Program in Bioethics, Law & Medical Professionalism (352-273-5155, [bamaro@ufl.edu](mailto:bamaro@ufl.edu)) for assistance.

# Palliative Reading material and reference guides

- [Palliative Provider Pocket Cards \(printable/pdf\)](#)
- [Palliative Fast Facts and Concepts](#)
  - Web based.
  - Free Smartphone App for Iphone and Android available
- [American Academy of Hospice and Palliative Medicine](#)

Recommended reading for your reference (not required):

- [Ebook: The Palliative Response, by Dr. F. Amos Bailey](#)

*I look forward to working with you.  
Contact me with any questions,*

[Melanie Hagen](#), MD, FACP

Geriatrics Palliative Course Section Instructor

Associate Professor of Medicine

Medical Director, Internal Medicine at the Medical Plaza

Mobile contact: (352) 222-4895

[melhagen@ufl.edu](mailto:melhagen@ufl.edu)

